

LEXINGTON COUNTRY RUN 2009

Date & Time

Saturday, June 20th

Registration: 6:00 am
5K Race: 7:30 am
1 Mile Walk: 7:30 am
Kids run: 7:35 am

Description

The 5K (3.1 mile) race is on city roads and asphalt trail. The race is timed by the Lake Run Club with computerized results. The Lexington Country Run is a Lake Run Club **Circuit Race**.

Registration

Registration begins at 6:00 am on race day.
Proceeds benefit the Lexington Park District.

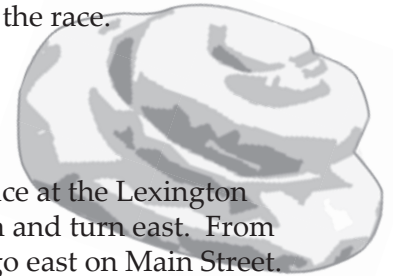
5K Entry Fee: \$15 before June 15th
\$18 after June 15th or Race Day
\$2 discount for LRC Members

1 Mile Walk & Kids Run: FREE
\$10 for race T-shirt

Contact: Paul Peacock (309) 365-8326
ppeacock@lexington.k12.il.us

Family Activities

A 1 mile walk around the park is available for adults and children during the race.
Cinnamon rolls for all!



Location

Race and walk will take place at the Lexington Park. Exit I-55 at Lexington and turn east. From stop sign at Old Route 66, go east on Main Street. Turn left on Pine Street. Take curve to Chatham Street. Turn left on Elm Street. Registration is at the Keller Park shelter.

Awards

Custom designed T-Shirts for all participants.
Awards for Overall Male & Female Winner
Awards for top 3 age group places:
Men: 19 + under, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65 + over
Women: 19 + under, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60 + over

All Fun Run participants will receive an award!!!

Lexington Country Run Entry Form

Name _____ Phone (_____) _____ - _____

Address _____ City _____ State _____ Zip _____

Birthdate _____ Age on 6/20/09 _____ Male Female

T-shirt Size: Small Medium Large X-Large Lake Run Club Member? Yes No

I warrant that I am physically fit enough to run this race and have done proper training. In consideration of my entry, I for myself, my executors, administrators, and assignees waive and discharge any rights and claims against the Lexington Park District, the City of Lexington, the Race Committee, the Lake Run Club and/or any other individuals or groups involved with the running of this event for any or all injuries suffered by me at this event or while traveling to and from the event.

Date _____ Signed _____
(Parent or guardian must sign if participant is under 18 years)

Make check payable to: Lexington Park District Mail to:

Paul Peacock
307 East Chatham Street
Lexington, IL 61753